

PRODUCT	CALORIES	CARBS (g)	FAT (g)	FIBRE (g)	PROTEIN (g)	SUGAR (g)
3.3% B.F. Yogurt Mix						
Regular 5oz	118.3	27.2	5.33	0	0	20.11
Large 7oz	165.62	38.08	7.46	0	0	28.15
Fat Free Yogurt Mix						
Regular 5oz	59.15	15.4	0	0	0	18.95
Large 7oz	82.81	21.56	0	0	0	26.53
Toppings						
Granola 0.5 oz.	64.43	9.28	2.32	1.29	1.804	2.06
Reeces Pieces 0.5 oz	33	4.1	1.3	0.16	0.66	3.5
Rainbow Nerds 0.5 oz	53.16	13.14	0	0.0029	0	12.97
Rainbow Sprinkles 0.5 oz	68.43	11.45	2.69	0	0.027	11.2
Mini M&Ms 0.5 oz	68.67	9.97	2.87	0.42	0.76	9.125
Chocolate Sprinkles 0.5 oz	70	10.5	3.5	0	0	10.5

Miss Sharons 3.3% Frozen Yogurt:

Ingredients: Modified milk ingredients, sugar, bacterial culture, artificial flavour, honey, guar gum, mono & diglycerides, tetrasodium pyrophosphate, carrageenan, cultured dextrose and salt.

Miss Sharons Fat Free Frozen Yogurt:

Ingredients: Modified milk ingredients, sugar, bacterial culture, honey, microcrystalline cellulose, cellulose gum, mono & diglycerides, polysorbate 80, carrageenan, cultured dextrose and salt, artificial flavour.

Granola

Ingredients: Whole grain oats, whole wheat, brown sugar, soybean oil, almonds, honey, milk ingredients, sesame seeds, flavour.

Reeses Pieces

Ingredients: Sugar, partially defatted peanuts: partially hydrogenated vegetable oils (palm kernel oil and soybean oil), reduced minerals whey (milk), dextrose, contains 2% or less of: corn syrup, artificial color (blue 1 lake, red 40 lake, yellow 5 lake, yellow 6 lake), salt, soy lecithin, resinous glaze, modified food starch, artificial flavor, carnauba wax and cornstarch.

Rainbow Nerds:

Ingredients: Dextrose, sugar, malic acid, and less than 2% of corn syrup, natural flavors, carnauba wax, color added, carmine color, blue 1, blue 1 lake, blue 2, blue 2 lake, red 40, red 40 lake, yellow 5, yellow 5 lake, yellow 6, yellow 6 lake.

Rainbow Sprinkles:

Ingredients: Sugar, hydrogenated palm kernel oil, corn starch, sunflower lecithin, fd&c colors (yellow #6 lake, yellow #5 lake, blue #1 lake, red #40 lake, red #3 dye), maltodextrin, carnauba wax, vanillin, cellulose gum.

Mini M&Ms:

Ingredients: Milkchocolate (sugar, chocolate, skimmilk, cocoa butter, lactose, milkfat, soylecithin, salt, artificial flavors), sugar, less than 2% coloring (includes blue 1 lake, red 40, yellow 6, yellow 5, blue 1, yellow 5 lake, red 40 lake, yellow 6 lake, blue 2 lake, blue 2), dextrin corn syrup, cornstarch.

Chocolate Sprinkles:

Ingredients: Sugar, corn starch, partially hydrogenated vegetable oil (cottonseed and/or soybean oil) and/or vegetable oil (palm kernel and/or palm oil), cocoa (processed with alkali), rice flour, food starch - modified, dextrin, soy lecithin, dextrose, flaked corn, natural and artificial flavor, artificial colors (red 40 lake, yellow 6 lake, yellow 5 lake, blue 1 lake, blue 2 lake, red 40, yellow 6, yellow 5, blue 1, red 3, blue 2, green 3), mono and diglycerides, polysorbate 60, confectioner's glaze, carnauba wax, cellulose gum, carrageenan, gum tragacanth, gum arabic, salt, xanthan gum. CONTAINS SOY.